



ASPEN LASER

## Michael D. Sheps, D.C.

**Dr. Michael D. Sheps** is the owner of Michael D. Sheps Chiropractor and co-owner of Pacific Coast Sports Medicine in West Los Angeles. Over the last 32 years, Dr. Sheps's renowned chiropractic and patent-pending pain management protocols have won the trust of gold medal Olympic Athletes, the U.S. Department of Defense's Wounded Warriors Program, Hollywood celebrities, and countless individuals seeking relief. Dr. Sheps, a certified McKenzie practitioner, takes a safe and systematic approach to chiropractic manipulation, making chiropractic adjustments only when necessary. And all the while he's educating his patients on daily self-care and rehabilitation techniques.

Dr. Sheps has a keen interest in multidisciplinary, solutions-driven research and has pioneered advancements in laser therapy. His partnership with Biolase, one of the world's top laser manufacturing companies, led to the development of the Epic T-series laser. This device, designed specifically for fast, long-lasting, and painless healing treatment, has earned Dr. Sheps the reputation as a laser therapy expert, as showcased in Maria Menounos's book, *The EveryGirl's Guide to Diet and Fitness: How I Lost 40 Pounds and Kept It Off*.

Dr. Sheps trains and certifies practitioners in laser therapy, and he lectures and provides clinical education about this quickly growing

field. His laser therapy techniques have been replicated nationwide in top health care facilities including the Hospital for Special Surgery in New York, Johns Hopkins University, and the University of California Los Angeles, and they have even been used to treat fungus on the toenails and tusks of elephants by Dave Fagan, executive director of the Colyer Institute in San Diego, California.

Dr. Sheps has developed three patent-pending protocols for pain management and musculoskeletal treatments that feature a combination of laser therapy, localized cryotherapy, decompression (VAX-D), shockwave therapy (EPAT), and sequential compression (Pressodermie/Vacuodermie). These protocols augment the programs offered at his West Los Angeles facility, Biggest Loser Resorts, and other clinics.

As a former athlete, Dr. Sheps has harnessed his passion for performance and poured it into supporting world-class athletes including Carmelita Jeter, Dominique Arnold, Felix Sanchez, and Allyson Felix, as well as members of the U.S. National Female Gymnastics Team, leading pro basketball and football players, mixed martial arts fighters, and collegiate athletes.

Dr. Sheps's commitment to excellence extends outside of his practice and into the community. Currently he is developing

unique therapy protocols for osteoporosis and osteogenesis imperfecta and plans to announce the opening of new specialized clinics soon, the first of which will be called Malibu Health Experts/Dr. Michael Sheps. This clinic will provide modern pain relief and procedures to accelerate healing with the newest advanced medical technology developed by Dr. Sheps himself.



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